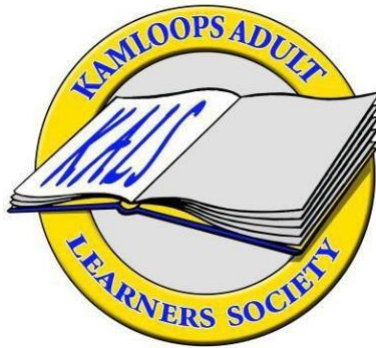


# KAMLOOPS ADULT LEARNERS SOCIETY

# KALS



## 2021 FALL COURSE CALENDAR

KALS courses are held in different venues throughout the city.  
Be sure to check the location of your course when you register.

*See the last page of Course Calendar for the venue addresses.*

**KAMLOOPS ADULT LEARNERS SOCIETY**  
**PHONE: 250-376-1525 WEBSITE: [www.kals.ca](http://www.kals.ca)**  
**OFFICE LOCATION: 1550 Island Parkway (McArthur Island Old Golf Course Building)**  
**MAILING ADDRESS: Unit # 101 1550 Island Parkway, Kamloops BC, V2B 0H7**  
**OFFICE Hours: 9 am – 4 pm, Monday – Friday (closed from 12 pm – 1 pm)**

Thank you for your interest in KALS. We hope you find courses that interest you!

All classes have size limits. Classes may be cancelled if minimums are not met 10 days before start date.

**KALS will adjust rules to comply with COVID protocols if the Provincial Health Officer changes them. The wearing of masks is a personal choice and hand sanitizer is available on the wall inside each classroom.**

**A \$15 ANNUAL MEMBERSHIP FEE** (July 1st–June 30th)  
is required for **ALL** courses and is non-refundable.

Membership entitles you to vote at our AGM, register in free classes and be invited to special events.

**2021 FALL REGISTRATION BEGINS AUGUST 23<sup>rd</sup>, 2021 @ 9AM**

#### **REGISTRATION OPTIONS**

- On-line at [www.kals.ca](http://www.kals.ca) with your credit card
- By phone at 250-376-1525
- In person at **McArthur Island Old Golf Course Building 1550 Island Parkway Dr.** throughout the semester during office hours with cash or cheque or credit card
- Mail the downloaded, printed and completed registration form from the KALS website at [www.kals.ca](http://www.kals.ca) with your cheque, to the KALS office at: #101 1550 Island Parkway, Kamloops BC V2B 0H7. **DO NOT MAIL CASH**

**REFUNDS:** There are no refunds for single session courses. Refunds for multi-session courses must be received in writing 10 days before the class start date. There are no partial refunds. If a refund is approved, a \$10.00 admin fee will be charged. See the full policy on the KALS website. If KALS must cancel a class a full refund will be sent.

**A NOTE ON COURSE COSTS:** KALS courses are inexpensive because KALS volunteers and presenters donate their services. We want all seniors to benefit from KALS but recognize cost may be a barrier. **A financial waiver is available by phoning KALS at 250-376-1525. Discussions are confidential**

3 Weeks	Culture in the Everyday Landscape	September 15, 2021	\$ 20.00
4 Weeks	From a Buddhist Perspective	September 16, 2021	\$ 30.00
1 Class	Let's Get Moving!	September 16, 2021	FREE
1 Class	Wetland Wonders I	September 16, 2021	\$ 10.00
1 Class	Wetland Wonders II	September 16, 2021	\$ 10.00
11 Weeks	News & Views	September 17, 2021	\$ 50.00
2 Classes	The North Shore: From Fort to Town, 1843 - 1967	September 21, 2021	\$ 15.00
4 Weeks	Come to the Concert	September 23, 2021	\$ 30.00
1 Class	What Exactly Is A Wild Church?	September 30, 2021	\$ 10.00
2 Classes	Fall Bird Migration	October 5, 2021	\$ 15.00
1 Class	Paintings, Healing, and Health Care Spaces	October 6, 2021	\$ 10.00
1 Class	Estate Planning: WHY Plan?	October 7, 2021	\$ 10.00
2 Weeks	Spirituality and Climate Change	October 12, 2021	\$ 15.00
5 Weeks	Shakespeare's Coriolanus	October 12, 2021	\$ 35.00
1 Class	James Buie Leighton - Early Pioneer	October 12, 2021	\$ 10.00
1 Class	Think Local, Act Local: Climate Action in Kamloops	October 14, 2021	\$ 10.00
1 Class	Kamloops Hospice - "A View Behind the Scenes"	October 26, 2021	FREE
1 Class	At Home with the Personal Essay: The Joys and Challenges of Writing One	October 26, 2021	\$ 10.00
1 Class	A Whirlwind Tour of Mennonite History	October 28, 2021	\$ 10.00
1 Class	The BC Wildlife Park – How is it Run?	November 2, 2021	\$ 10.00
1 Class	Railroad History in Kamloops	November 3, 2021	\$ 10.00
1 Class	Energy Transitions: Where Are We Now?	November 4, 2021	\$ 10.00
2 Classes	Big Horn Sheep	November 9, 2021	\$ 15.00
1 Class	Invasive Fish Control	November 15, 2021	\$ 10.00
1 Class	Regenerative Agriculture	November 16, 2021	\$ 10.00
1 Class	Science in a Changing World	November 16, 2021	\$ 10.00
1 Class	Western Rattlesnake Research Near Vernon, BC	November 18, 2021	\$ 10.00
1 Class	Travel Through Mongolia	November 23, 2021	\$ 10.00

# FALL 2021 SINGLE SESSION COURSE DESCRIPTIONS

---

## Let's Get Moving!

FREE

Join Nicole Beaugard with the City of Kamloops as she guides us with gentle physical activity. In this workshop, you will learn about physical literacy and the application to everyday movements. We will help you change up your current routine or start a new one that fits your lifestyle or health limitations. Using the Canadian Physical Activity Guidelines as a foundation, we will include a variety of movement patterns on different surfaces, apply cross body/brain activities and add partner work into your routine. Come and learn fun and basic movement patterns that will support daily living and independence. For more information about Physical Literacy: [www.playkamloops.com](http://www.playkamloops.com)

**Instructor:** Nicole Beaugard

**Min. 8 Max. 20**

**Dates:** Thursday September 16th, 2021 10:00 AM- 12:00 PM

**Location:** North Shore Community Centre- Dogwood Room

---

## Wetland Wonders I

\$10

(This course is being offered twice in one day, so you can register for a morning OR afternoon field trip.) Join us for an introduction to all things wet and wild at the Dufferin Park Wetlands. From aquatic life in the water to the animals found above, we will have an enjoyable time getting to know a wetland ecosystem. Microscopes, hand lenses, identification keys, and informative leaders will be provided. We will be mostly on the boardwalk and trails; a short walk through the wetland trails will be included. Artists are encouraged to bring their sketchbooks. Some information about the wetlands will be provided ahead of the program. COVID protocols will be followed. Please dress for the weather, as this will go ahead regardless. Bring drinking water, binoculars, or scopes to view birds as you wish, and a lawn chair if you would like to sit during the program. Dufferin Wetlands is located at 1840 Hillside Dr., east of Dufferin Elementary School. Meet at the parking lot in front of the wetlands.

**Instructor:** Susan Hammond & Gord Stewart

**Min. 5 Max. 15**

**Dates:** Thursday September 16<sup>th</sup>, 2021 10:00 AM- 12:00 PM

**Location:** Dufferin Wetlands

---

## Wetland Wonders II

\$10

(This course is being offered twice in one day, so you can register for a morning OR afternoon field trip.) Join us for an introduction to all things wet and wild at the Dufferin Park Wetlands. From aquatic life in the water to the animals found above, we will have an enjoyable time getting to know a wetland ecosystem. Microscopes, hand lenses, identification keys, and informative leaders will be provided. We will be mostly on the boardwalk and trails; a short walk through the wetland trails will be included. Artists are encouraged to bring their sketchbooks. Some information about the wetlands will be provided ahead of the program. COVID protocols will be followed. Please dress for the weather, as this will go ahead regardless. Bring drinking water, binoculars, or scopes to view birds as you wish, and a lawn chair if you would like to sit during the program. Dufferin Wetlands is located at 1840 Hillside Dr., east of Dufferin Elementary School. Meet at the parking lot in front of the wetlands.

**Instructor:** Susan Hammond & Gord Stewart

**Min. 5 Max. 15**

**Dates:** Thursday September 16<sup>th</sup>, 2021 1:30 PM- 3:30 PM

**Location:** Dufferin Wetlands

---

---

**What Exactly Is a Wild Church?****\$10**

The Christian story starts in a garden with humanity in conversation with the Holy One. Somewhere far down that luxurious path through the woods, structures began to be built and “church” became walled in. Wild Church is our attempt to return to the natural world to find connection with God, Source, Creator or whatever you name that which is bigger than we are. We meet in “the wild” - in local urban and rural wild spaces – to explore and experience the spiritual and sacred. We believe all of Creator’s wisdom is available to us through creation, so we sit on the land to observe and to listen. We close our gatherings by sitting in a circle to witness one another’s experiences. In our sharing, we hear both the wisdom of the land and of one another. Our greatest hope is that we build a community that learns to love the land and to consciously care for it and be in partnership with it. We recognize that being on the land is important for many so, we also offer monthly Wild Pilgrimages of land-based activities to explore “wilder” places.

**Instructor:** LeAnn Blackert**Min. 8 Max. 20****Dates:** Thursday September 30<sup>th</sup>, 2021 1:30 PM- 3:30 PM**Location:** North Shore Community Centre- Willow Room

---

**Paintings, Healing, and Health Care Spaces****\$10**

Paintings, Healing, and Health Care Spaces. What do these words have in common? Tricia Sellmer, a Canadian contemporary visual artist, has some possibilities to consider. She will share some influences on her own artistic journey and education, from back lane graffiti to paintings, healing, and healthcare spaces. Her focus will be on research that supports the belief that paintings in health care spaces enhance multiple dimensions of healing.

**Instructor:** Tricia Sellmer**Min. 8 Max. 15****Dates:** Wednesday October 6<sup>th</sup>, 2021 10:00AM- 12:00PM**Location:** North Shore Community Centre- Games Room

---

**Estate Planning: WHY Plan?****\$10**

The class will include information on how estate planning will reduce uncertainty about what happens to your assets; minimize the impacts of income tax and fees on your legacy; differentiate between big tax (income tax) and little tax (probate fees); and enhance your legacy.

**Instructor:** Kelsey Boudreau**Min. 8 Max. 20****Dates:** Thursday October 7<sup>th</sup>, 2021 1:30pm-3:30pm**Location:** North Shore Community Centre- Willow Room

---

**James Buie Leighton- Early Pioneer****\$10**

Store clerk, telegraph operator, stagecoach driver, rancher, Cattlemen's Overseer, Fishery Overseer, ferryman, Superintendent of the B.C. Express, Indian Agent, writer, and raconteur -- James Buie Leighton was the most colourful figure of the B.C. Interior from the 1860s in Barkerville to the 1940s around Kamloops. Ken will trace the life of this remarkable man and recount some of the fascinating but forgotten stories that Leighton told.

**Instructor:** Ken Favrholt**Min. 8 Max.50****Dates:** Tuesday October 12<sup>th</sup>, 2021 10:00 AM- 12:00 PM**Location:** North Shore Community Centre- Dogwood Room

---

**Think Local, Act Local: Climate Action in Kamloops****\$10**

The 2019 Canada's Changing Climate Report minces no words: "Canada's climate has warmed and will warm further in the future, driven by human influence." Kamloops has had first-hand experience with the effects of widespread warming, including more extreme heat, less extreme cold, shorter snow and ice cover seasons, and earlier spring peak stream flow. This trend is expected to continue and may well be our 'new normal'. Glen Cheetham, Sustainability Services Supervisor with the City of Kamloops, will make a case for "thinking local, acting local" to catalyze climate action in our community. While outlining the urgency and need to have 'all hands-on deck', the presentation will also highlight the City's Community Climate Action Plan that is in development, as well as consider some of the economic opportunities as we transition to a lower carbon future and tackle the greatest environmental challenge of our time.

**Instructor:** Glen Cheetham**Min. 10 Max. 30****Dates:** Thursday October 14th, 2021 1:30 PM- 3:30 PM**Location:** North Shore Community Centre- Oak Room

---

**Kamloops Hospice- "A View Behind the Scenes"****FREE**

Shelby Willson's presentation is a "view" behind the scenes at Kamloops Hospice. She will go over some general information about palliative care and hospice, and then into some of the special experiences and care that makes Kamloops Hospice unique for their patients and families.

**Instructor:** Shelby Willson**Min. 8 Max. 20****Dates:** Tuesday October 26<sup>th</sup>, 2021 1:30 PM- 3:30 PM**Location:** North Shore Community Centre- Dogwood Room

---

**At Home with the Personal Essay: The Joys and Challenges of Writing One****\$10**

The class will focus on the personal essay, exploring what characterizes personal essays (a form of creative nonfiction), and the challenges and joys of writing them. We will discuss a diverse sample of essays and some excellent sources for easily accessing current essays. Then we will shift to writing essays: ideas to begin the process, ways to structure and construct an essay, and where it might go from there.

**Instructor:** Elizabeth Templeman**Min. 8 Max. 20****Dates:** Tuesday October 26<sup>th</sup>, 2021 10:00 AM- 12:00 PM**Location:** North Shore Community Centre- Oak Room

---

**A Whirlwind Tour of Mennonite History****\$10**

Hurricane, earthquake, fire, flood—Mennonites are often among the first to help victims. Who are the Mennonites? The name refers to a Christian denomination started in Europe in the 1500s. Its teachings include loving one's neighbor; working for peace; not bearing arms; separation of church and state; and baptism of believing adults (not babies). Over the years, Mennonites developed a way of life characterized by thrift, simplicity, practicality, and trust in God. Join Elma (Martens) Schemenauer's whirlwind tour to learn more about Mennonites' beliefs, foods, folkways, and journey through time.

**Instructor:** Elma Schemenauer**Min. 8 Max. 25****Dates:** Thursday October 28<sup>th</sup>, 2021 1:30 PM- 3:30 PM**Location:** North Shore Community Centre- Oak Room

---

**The BC Wildlife Park – How is it Run?****\$10**

What does it take to look after 65 species of animals, 120,000 visitors per year, and 100 acres of park land? The BC Wildlife Park is an important tourist draw to the Kamloops area, as well as a favorite destination for Kamloops residents. What does it take to run the Park? How do they source their animals? What are the special diets for each species and where does the park obtain those diets? What medications do they use? You will find out the answers to all these questions and more. The Park has a budget of almost two million dollars per year; it is quite interesting to see where all that goes. Dave will share some insights and stories and some of the Park's plans.

**Instructor:** Dr. Dave Sedgman**Min. 8 Max. 25****Dates:** Tuesday November 2<sup>nd</sup>, 2021 10:00AM- 12:00PM**Location:** North Shore Community Centre- Oak Room

---

**Railroad History in Kamloops****\$10**

Did you know that the earliest movement of things by track was done over 3,000 years ago? Join us to learn more about the beginning of track in ancient time and fast forward to rail development in Canada and Kamloops. The Kamloops Heritage Railway Society has ensured the preservation of local rail history with its restoration and operation of the 108-year-old steam engine 2141, the "Spirit of Kamloops". They maintain a museum and archives on the importance of rail to the history and development of Kamloops and will tell this sweeping story.

**Instructor:** Cory Clark**Min. 8 Max. 30****Dates:** Wednesday November 3<sup>rd</sup>, 2021 10:00 AM- 12:00 PM**Location:** North Shore Community Centre- Oak Room

---

**Energy Transitions: Where Are We Now?****\$10**

In late 2018 and early 2019, Peter described the links between energy supplied by fossil fuels and materials needed (ammonia and sulfur) for food production. In this lecture he will provide an update on progress in transitioning energy supply from oil and gas to electricity generated by wind and solar technology. Also, he will discuss how the current Canadian and US Government policies to discourage investment in Alberta's oil sands will affect global manufacturing and impede efforts to feed the world's burgeoning population.

**Instructor:** Peter Clark**Min. 8 Max. 30****Dates:** Thursday November 4<sup>th</sup>, 2021 1:30pm-3:30pm**Location:** North Shore Community Centre- Oak Room

---

**Invasive Fish Control****\$10**

Everything in This World Has a Home: What happens when aquatic species are moved? What has the province done about this in some areas of BC? If you move something from its home one of three things is going to happen: it will die as it doesn't have the proper habitat to survive or it will muddle along but not thrive, or it will explode in numbers, take over and displace native species. This presentation deals mostly with invasive fish species in lakes in the Interior of BC. It will cover what the province did prior to 1987 and from 2007 to the present. Marge will also relate her experience on a project with the Atlantic Salmon Federation this year in the Miramichi area of New Brunswick.

**Instructor:** Marge Sidney**Min. 8 Max. 30****Dates:** Monday November 15<sup>th</sup>, 2021 1:30 PM- 3:30 PM**Location:** North Shore Community Centre- Oak Room

---

**Regenerative Agriculture****\$10**

" To be truly wise is to search for what is coming to birth in an age of death, to search for what is beginning anew in an age when much seems to be ending," according to Herbert O'Driscoll. This course will explore the principles of Regenerative Agriculture and its role in reversing climate change and increasing biodiversity and environmental health, while providing food security.

**Instructor:** Ron & Jennifer Ste. Marie**Min. 8 Max. 20****Dates:** Tuesday November 16<sup>th</sup>, 2021 1:30 PM- 3:30 PM**Location:** North Shore Community Centre- Oak Room

---

**Science in a Changing World****\$10**

Science impacts our lives, what we think, and even what we believe. Longevity and the quality of life have risen globally. Never have there been such high levels of education and affluence, with rights for so many. But we still face monumental challenges. Where can we go from here? This class will present a brief perspective from three different scientists, followed by a Q&A session.

**Instructor:** Peter Clark, Lorraine Maclauchlan & Dave McKinnon**Min. 8 Max. 40****Dates:** Tuesday November 16<sup>th</sup>, 2021 1:30PM- 3:30 PM**Location:** North Shore Community Centre- Dogwood Room

---

**Western Rattlesnake Research Near Vernon, BC****\$10**

Gradual declines in wildlife species across landscapes can easily go unnoticed, particularly for cryptic species such as the Western Rattlesnake. This talk will present data on population size changes over the past 30 years, discuss how these changes may relate to different landscapes, compare behavioral differences among rattlesnakes occupying landscapes with different management regimes, and compare our estimates in the North Okanagan to recent estimates elsewhere in the province.

**Instructor:** Marcus Atkins**Min. 8 Max. 30****Dates:** Thursday November 18<sup>th</sup>, 2021 10AM- 12PM**Location:** North Shore Community Centre- Oak Room

---

**Travel Through Mongolia****\$10**

Visit a land of nomads, eagle hunters and reindeer herders. A place of vast expansion of grasslands, singing sands and mountains. Experienced traveler Helen Parkyn will take you through Mongolia from the Gobi Desert, through the steppes to the Altai Mountains.

**Instructor:** Helen Parkyn**Min. 8 Max.30****Dates:** Tuesday November 23<sup>rd</sup>, 2021 10AM-12PM**Location:** North Shore Community Centre- Oak Room



# FALL 2021 MULTI SESSION COURSE DESCRIPTIONS

---

## Culture in the Everyday Landscape

\$20

Culture is everywhere, in the practices of everyday life, and the conscious and unconscious values and beliefs they reflect. And it shapes the landscapes around us, from the grand to the personal scale. This class introduces two broadly defined approaches to cultural geography. The first approach examines the movement and interaction of peoples with each other and with nature. From this, people produce layers of overlapping cultural traits which can be seen everywhere from neighborhood backyards to regional cultural systems and economies. The second approach examines more deeply how the interaction of peoples reflects the search for meaning, and people's different access to power. It examines how culture is both shaped by powerful peoples and groups and questioned by others. We will treat these two approaches as complementary, rather than contradictory, and examine everyday architecture, neighborhoods, formal monuments, and art and music in the landscape to see how they incorporate these overlapping relationships.

**Instructor:** Kim Naqvi

**Min. 8 Max. 15**

**Dates:** Wednesdays September 15<sup>th</sup>- September 29<sup>th</sup> 10:00 AM- 12:00 PM

**Location:** North Shore Community Centre- Games Room

---

## From a Buddhist Perspective

\$30

The teachings of Siddhartha Gautama -- the Buddha -- have served, for almost 2600 years, as signposts and keys to unlock understanding of how our minds work, and how we can develop skills and compassion in the midst of busy, stressful, often chaotic lives. Venerable Gawa Khandro will join the group in exploring how these teachings can work for us and help us find the joy and peace in our lives. The class will include a dharma talk, a short meditation, and time for Q and A and discussion.

**Instructor:** Venerable Ani Gawa Khandro

**Min. 8 Max. 10**

**Dates:** Thursdays September 16<sup>th</sup> – October 14<sup>th</sup>, 2021 10:00 AM- 12:00 PM

**Location:** North Shore Community Centre- Willow Room

---

## News & Views

\$50

Do you like to talk about the news stories of the week? If you do, we invite you to join moderator Ray Pillar for lively, thought-provoking discussion and debate about local, provincial, national and world issues. Participants introduce topics followed by general discussion. Outside experts are occasionally invited for short presentations and questions. This is a time to learn more about the problems of the world today, and our sessions are respectful, welcoming and engaging. Whatever the news, we look forward to a range of views and great discussions.

**Instructor:** Ray Pillar

**Min. 10 Max. 18**

**Dates:** Fridays September 17<sup>th</sup>- November 26<sup>th</sup>, 2021 1:30 PM – 3:30 PM

**Location:** North Shore Community Centre- Games Room

---

## The North Shore: From Fort to Town, 1843-1967

\$15

The North Shore of Kamloops is often forgotten or neglected in the history of the city. Yet, it is an important part of Kamloops which has many historical facets including the Hudson's Bay Company fort established in 1843; a settler among the Overlanders of 1862, William Fortune, who settled at Tranquille; the development of an agricultural estate known as B.C. Fruitlands; the settlement of Germans in Brocklehurst; the creation of the airport and the formation (in 1946) of the Village of North Kamloops, which was a town for a short time until 1967. These are just some of the topics that will be covered in a free-wheeling presentation by Ken Favrholt, historical geographer and former curator/archivist of the Kamloops Museum and Archives.

**Instructor:** Ken Favrholt

**Min. 8 Max. 50**

**Dates:** Tuesday September 21<sup>st</sup>- September 23<sup>rd</sup>, 2021 10:00 AM- 12:00 PM

**Location:** North Shore Community Centre- Dogwood Room

---

---

**Come to the Concert****\$30**

Come to the Concert introduces the music of the KSO season a few days before each performance. You will hear a brief overview of the structure and style of each work in the upcoming concert with discussion about the composers and their musical and historical backgrounds. We will explore the evolution of musical styles, the growth of musical genres and the instruments. However much or however little you know about classical music, this class can increase your familiarity and enjoyment of classical music. Concert tickets are not included. This class is hosted in the Games room on Sept. 23, Oct. 21, Nov. 4, and Dec. 9.

**Instructor:** Rod Michell**Min. 10 Max. 25****Dates:** Thursdays September 23<sup>rd</sup>- December 9<sup>th</sup>, 2021 10:00 AM- 12:00 PM**Location:** North Shore Community Centre- Games Room

---

**Fall Bird Migration****\$15**

A continuing introduction to birding will focus on the fall migration of birds through the Kamloops area. Day one is in the classroom, and day two is in the field. Dress for the weather and bring binoculars and a field guide if you have them. Time and location of the meeting place for the field trip will be discussed in the classroom on day one.

**Instructor:** Tom Dickinson**Min. 8 Max. 15****Dates:** Tuesday October 5<sup>th</sup>- October 6<sup>th</sup>, 2021 10:00 AM-12:00 PM**Location:** North Shore Community Centre- Games Room

---

**Spirituality and Climate Change****\$15**

Alongside the necessary conversations around our response to the climate crisis there is increasing desire amongst many for a conversation around spirituality considering climate change. A growing awareness of climate change fosters, for many, unsettling thoughts, and feelings. That said, spirit-guides have long wrestled with things-unsettled as a way of embracing a life-giving mystery which may not provide answers but can provide encouragement along life's way. Drawing on insights from the late Sallie McFague's "Models of God for an Ecological, Nuclear Age" (1987), a book which fundamentally altered my view of God, the world, and the environment, we will connect as best I can with other sacred influences and teachings as we seek to ground ourselves in what feels like an unstable world in deep truths about our origins and our future.

**Instructor:** Ken Gray**Min. 8 Max. 20****Dates:** Tuesday October 12<sup>th</sup>- October 19<sup>th</sup>, 2021 1:30 PM 3:30 PM**Location:** North Shore Community Centre- Games Room

---

**Shakespeare's Coriolanus****\$35**

Once again join instructor Mary Schmid, this time to explore Coriolanus - one of Shakespeare's harshest studies of power and politics and the ever-present conflict between personal and public life. It is easy to see why recent productions have chosen modern settings for this exploration of heroism and betrayal, family loyalties, dirty politics, personal convictions, and political expediency. So, whether you are new to Shakespeare or an "old hand", join us as we watch and discuss two recent productions of this classic.

**Instructor:** Mary Schmid**Min. 10 Max. 20****Dates:** Tuesday October 12<sup>th</sup>- November 9<sup>th</sup>, 2021 1:30PM- 3:30 PM**Location:** North Shore Community Centre- Oak Room

---

**Big Horn Sheep****\$15**

Biologist and regular KALS contributor Tom Dickinson will tell you everything you want to know about the Bighorn Sheep that are found in the Kamloops area. Day 1 is in the classroom, and Day 2 will be a field trip to the Dewdrop area to observe big horn sheep at the beginning of the fall rut. Bring binoculars, a snack or lunch if required and dress for the weather. Walking through grasslands, possibly without trails, will be required. Meet at the wildlife viewing pullout, just before the railroad tracks, at the entrance to Tranquille property at 9 am.

**Instructor:** Tom Dickinson**Min. 10 Max. 15****Dates:** Tuesday November 9<sup>th</sup>- November 10<sup>th</sup>, 2021 10:00 AM- 12:00 PM**Location:** North Shore Community Centre- Games Room

---

# Kamloops Adult Learners Society

## FALL 2021 MEET OUR PRESENTERS

Atkins, Marcus	Marcus Atkins recently graduated from the MSc. Program at Thompson Rivers University, where he studied population dynamics, movement ecology, and defensive behavior of Western Rattlesnakes. He is currently investigating thermal and temporal activity patterns of rattlesnakes at hibernacula using remote camera data from all over British Columbia and developing identification and natural history resources for a new website on the reptiles and amphibians of British Columbia. Marcus has previously worked on projects investigating population sizes, genetic relatedness, and geographic differences in salmon-derived nutrients in coastal Brown bears and has spent several years as a Commercial Bear Viewing Guide in the Great Bear Rainforest and Churchill, Manitoba.
Beauregard, Nicole	Nicole is the Sport Development Coordinator for the City of Kamloops and focuses her energy on awareness and first steps of long-term development in sport and physical activity. She is also a NCCP and Sport for Life Learning Facilitator. As a consultant with Sport for Life, Nicole is passionate about engaging communities and supporting physical literacy initiatives as a Community Mentor with the Physical Literacy for Communities BC Project (PL4C). She is excited about physical literacy as a path to inclusion and the role municipal government plays in local leadership and collective impact. In her spare time, she likes to play with her niece and nephew by testing out activities for her next physical literacy session, workshop, or program.
Blackert, LeAnn	LeAnn Blackert is the minister for Wild Church plants in Kamloops, Sorrento, and the Okanagan area. She is joined in the Wild Church ministry by Lesly Comrie and Michele Walker. Originally ordained and serving in the United Church of Christ in the USA, love and a call nudged LeAnn over the border and ultimately into ministry here in Kamloops. She also serves as a member of the steering committee for the Wild Church Network, a coalition of Wild Churches across the US and Canada. Ask LeAnn about the progress of the garden and the names of the four-leggeds whose world she shares.
Boudreau, Kelsey	Kelsey is an Associate Consultant at I.G. Wealth Management. She works with multiple generations of clients to realize their dreams through sound financial planning. She specializes in guiding families to enhance their financial results beyond what they've been able to accomplish on their own. Kelsey develops long-term relationships with her clients to accumulate and maintain wealth and protect their loved ones so they can spend more time doing the things that they enjoy. Kelsey is passionate about providing financial confidence and clarity through in-depth planning strategies. She believes in empowering people through personalized service and trusted advice that they deserve.
Cheetham, Glen	Glen Cheetham holds a BA from UBC (2000) and an Advanced Certification in Sustainable Energy Management from BCIT (2016). As Sustainability Services Supervisor with the City of Kamloops, Glen leads a team focused on advancing the City's climate action goals, from measuring and reporting on corporate and community greenhouse gas (GHG) emissions, to developing initiatives that promote energy efficiency and emissions reductions, to engaging the community on fostering sustainable behavior at home, work, and play. Glen and his team are currently developing a Community Climate Action Plan, which will serve as a road map to reducing community wide GHG emissions and limiting the impacts of climate change.
Clark, Dr. Peter	Dr. Clark is Professor Emeritus, Chemistry, at the University of Calgary. Peter was born in London, UK, and emigrated to Canada in 1980. He studied chemistry at the University of Hull (BSc, PhD), and undertook postdoctoral studies at the Universities of Toronto and Manitoba (PDFs). He held the position of Professor of Chemistry at the University of Calgary from 1986 to 2015 and, concurrently, was Director of Research of Alberta Sulphur Research Ltd, an organization based at UC, from 1986-2017. In retirement, Peter enjoys gardening and playing the sax (badly). To slow the advance of neuronal chaos, Peter is studying materials supply with respect to energy transitions and molecular processes that lead to initiation of life on new planets.
Clark, Cory	Cory Clark is the current Executive Director for the Kamloops Heritage Railway (KHR). He holds a B.A. in History as well as a master's in education. His background is varied; he has spent time as a business owner, a high school history teacher, and a commercial brewer before landing in tourism, first with Rocky Mountaineer and finally with KHR. Cory has been in Kamloops for four years after moving from his adopted home in Tasmania.

Dickinson, Dr. Tom	Tom Dickinson, recently retired Dean of Sciences at TRU, is an avid birder who has pursued this lifelong interest across many continents. He is a biologist, ecologist, scientist, and teacher with a wealth of information on birds and the natural world around us.
Favrholdt, Ken	Ken Favrholdt is a freelance writer, historical geographer, and museologist. Born in Denmark, he emigrated with his family to Vancouver when he was four. He remembers when Vancouver was a sleepy town. Ken earned a BA from UBC and a teaching certificate from SFU. He taught elementary school on the north coast for two years where he became immersed in Indigenous culture. He then moved to Kamloops for the position of assistant archivist at the Kamloops Museum. Following the retirement of Mary Balf, he became Curator/Archivist and managed the museum for a decade. He later became museum coordinator of the Secwepemc Museum and Heritage Park. He returned to UBC to undertake his MA in Geography. Many other museum positions appeared on the horizon -- on the Sunshine Coast, Osoyoos, and in Alberta, at Donalda and Claresholm. While there, he took up writing for Alberta History and the Canadian Cowboy Country magazine. He still writes monthly history articles for Kamloops This Week.
Gray, Very Rev. Ken	A resident of Kamloops since 2016, the Very Rev. Ken Gray recently retired as Dean and Rector of St. Paul's Anglican Cathedral in downtown Kamloops. Since 2001 he has been active in global, national, and regional environmental initiatives. A musician by training, and a photographer by avocation, he is active in Transition Kamloops and other local activist organizations. This is his second course for KALS to which he is most grateful for the invitation to share with other curious folks.
Hammond, Susan	Susan Hammond is an Operator at the BIG Little Science Centre. She is a naturalist, biologist and science educator who enjoys introducing people to, and creating a passion for nature and science.
Khandro, Venerable Gawa	Venerable Acharya (Master Teacher) Gawa Khandro is an ordained Buddhist nun. Her teachers, from whom she has received direct transmission, include HH Dalai Lama, Kenchen Thrangu Rinpoche, Master Thich Nhat Hanh, and Lama Tsewang Samdrup. She is currently the spiritual director of Gawaling Buddhist Centre and Buddhist chaplain at TRU and works with many international Buddhist organizations.
Maclauchlan, Dr. Lorraine	Dr. Maclauchlan is the Forest Health contact for the Thompson Okanagan Region of the Ministry of Forests, Lands, and Natural Resource Operations, with expertise in forest entomology. Lorraine provides technical and professional advice on entomological issues to all levels of government and forest licensees. She develops and reviews strategic plans and provincial level strategies, conducts research, writes scientific and technical articles, and provides training. Lorraine also plans, organizes and conducts the annual defoliator spray program for the southern portion of the province.
McKinnon, Dr. Dave	Dr. David McKinnon holds a B.Sc. as well as a Ph.D degree in Chemistry from the University of Edinburgh, Scotland. From 1965-2001, he was a faculty member in the Chemistry Dept. at the U. Manitoba, where he attained the rank of Full Professor. He maintained an active research program and authored or co-authored 74 refereed papers, two reviews and 3 book chapters, and presented papers at international conferences. He has taught courses, mainly Organic Chemistry, at all university levels and received the Stanton Teaching Award from the University of Manitoba in 1995. He has continuing interest in scientific education and a wide range of hobbies, including travel, playing the clarinet, genealogy, woodworking, and gardening. He has presented a class at KALS for each of the last 5 years. This is his 6th year.
Michell, Rod	Rod Michell has an MA in English Literature from Oxford University. He is a retired instructor who taught for over thirty years at Thompson Rivers University and other educational institutions. He is on the Board of the Kamloops Symphony Society.
Naqvi, Kim	Kim Naqvi is a development and economic geographer with a special interest in how culture and belief shapes the economy and the everyday lives we lead. She has taught in the Department of Geography and Environmental Studies at Thompson Rivers University for over 10 years.
Parkyn, Helen	Born in England and trained as a nurse and midwife, Helen Parkyn spent 3 years working her way around the world and could find nowhere better to live than BC. After various postings, two years of university work, and a posting with the BC Health Service, she retired from work but not from travelling. Helen is one of the few people who has visited over 100 countries and still loves to travel.
Pillar, Ray	Ray Pillar was an administrator and instructor at Thompson Rivers University as well as a teaching assistant at the University of Victoria and York University. He continues to be a political commentator and is a keen follower of Canadian and international politics. Ray has led the KALS News & Views class for over 10 years and in 2020 received the KALS Volunteer Award for dedicated service.

Schemenauer, Elma	Elma Schemenauer was born near the village of Elbow, Saskatchewan. After teaching in Saskatchewan, Montana, and Nova Scotia, she moved into a publishing career in Toronto. She is the author of 70 plus books, including the 1940s era Mennonite novel, "Consider the Sunflowers" and "YesterCanada: Historical Tales of Mystery and Adventure". Elma and her husband now live in Kamloops, where she writes, edits, and hikes up sagebrush-dotted mountainsides.
Schmid, Mary	Mary Schmid came to Kamloops "for a year" in 1971 and never left. She holds a Bachelor of Education from UBC and a master's from UVic. She focused her high school teaching on senior English. Having enjoyed volunteering, coaching, and a rewarding teaching career, Mary continues to enjoy teaching and sharing her love of the written word.
Sedgman, Dr. Dave	Dr. Dave Sedgman graduated from the Western College of Veterinary Medicine in 1973. After graduation, he and his wife, Elaine, spent three years working in New Zealand. On returning home, he became a partner in the Shuswap Veterinary Clinic in Salmon Arm, and Elaine became the proud owner of Elaine's Books. In 1990, Dave changed career direction and began teaching Animal Health Technicians at TRU (formerly Cariboo College). From 1990 to the present, he has been very involved with the BC Wildlife Park. He provided veterinary services to the park and served on the BCWP board for most of those years.
Sellmer, Tricia	Tricia Sellmer is a multi-layered, multi-medium, Canadian visual artist working primarily within the parameters of painting and drawing. For the past twenty years she has concentrated on making the invisible visible and finding the extraordinary in the ordinary. Her paintings and drawings explore the inner and hidden workings of a garden, the sensuousness and shifting patterns within a landscape and the organic textural abstractions of surfaces. From time to time, she will step away from the easel and use text and mixed media to convey her thoughts, ideas, and narrative. As an independent working artist, she also writes, lectures and curates projects and exhibitions. She holds four degrees from three universities and has participated in numerous residencies. Her work hangs in public and private collections throughout North America, Europe and now South Africa.
Sidney, Marge	Marge is a RPBio who had a 40+ career with the Ministry of Environment, mostly in Kamloops. She is a grad of the Fish, Wildlife and Recreation program from BCIT (1976) and has a BSc in Biology from SFU (1980). She has worked on lakes her whole career, both in Fisheries and Water Quality, in many parts of BC. In addition, the last 10 years of her career were spent learning about wetlands-- their importance, how they have been abused and their restoration, particularly in Logan Lake and at Gardom Lake. She is passionate about the outdoors and loves teaching the public about what she has learned in her career, the importance of stewardship and having a light footprint in our world.
Ste. Marie, Ron & Jennifer	Jennifer and Ron Ste. Marie have lived in Kamloops, where they raised their 5 children, for 30 years. She is an Occupational Therapist by training. He is a high school language teacher. Jennifer has been involved with Transition Kamloops since its formation 8 years ago. Ron has been involved with the international development arm of the Anglican Church of Canada. Their interest in all things sustainable began after watching a film on urban agriculture. They have been learning about food security, permaculture, and regenerative agriculture for the last 9 years. It is their belief that we all have a part to play in bringing about the changes needed to create a more resilient and just society which cares for the planet. To this end, they have recently sold their house and purchased a farm in Notch Hill, near Sorrento B.C., where they plan to live in community and farm co-operatively.
Stewart, Gordon	Gordon Stewart is the Executive Director of the BIG Little Science Centre. He has an extensive background in fisheries and environmental science and loves everything outdoors. His experience and stories always make for an entertaining program.
Templeman, Elizabeth	Elizabeth Templeman works at TRU and lives by Heffley Lake. She loves to read, to run (ever more slowly), to hike and bicycle, and to write--mostly personal essays. She's grateful to have published two books of essays, "Notes from the Interior: Settling in at Heffley Lake" (2003), and "Out and Back, Family in Motion" (2021). You can find out more about her at <a href="http://elizabethtempleman.trubox.ca">elizabethtempleman.trubox.ca</a> .
Willson, Shelby	Shelby Willson has been working as a Registered Nurse at Kamloops Hospice for 5 years. She started her nursing career at Kamloops Hospice when she completed her 4th year nursing practicum in 2016. Shelby worked at the bedside for a few years and now holds the position of Clinical Lead. She also promotes community education with workshops and programs. In her free time, Shelby loves the outdoors; running, hiking, biking, and skiing are some of her favorites! As well as travelling, of course, in pre pandemic times! Shelby is passionate about hospice and palliative care and looks forward to sharing some of her knowledge.

# **Kamloops Adult Learners Society**

## **FALL 2021 VENUES**

### **North Shore Community Centre**

452-730 Cottonwood Avenue, Kamloops, BC V2B 8M6

### **KALS Office**

On McArthur Island 101-1550 Island Parkway Dr, Kamloops, BC V2B 0H7

### **Dufferin Wetlands**

1840 Hillside Drive, Kamloops, BC

### **Tranquille Entrance**

Drive along Tranquille Road past the Kamloops Golf Course and Cinnamon Ridge Compost Facility until the road branches. Gather in the wildlife viewing parking lot on the left-hand side of the road just at the entrance to the Tranquille property. (If you start going uphill over the train tracks, you have gone too far.)